

# TEAM LEADERS CRICKET SQUAD SEASON 2024 - 2025



### ABOUT OUR CLUB

YPCC has been offering local cricketers a home since 1875.

We have strong ties with our local community and embrace all players at every ability level.

Everyone is welcome at YPCC. We are proud to be a safe and friendly club that truly represents the strength and diversity of our local community.





#### **OUR APPROACH**

Led by coaches with decades of international, state, premier and community club experience, the **Team Leaders Cricket Squad** supports young players build their slkills, personal confidence, physical and mental well-being and problem-solving capabilities so they can:

- Keep growing their love of the game and be passionate life-long cricketers and leaders.
- Excel at high levels of senior community cricket.
- Successfullly transition into Cricket Victoria pathway or Premier teams.
- Develop team orientated values and behaviours.

## TEAM LEADERS SQUAD - PROGRAM



- Four week "hothouse" program held over the last two weeks of July and first two weeks of August.
  - Player goal setting.
  - Batting, bowling, fielding and keeping skills.
  - Strength and conditioning training
  - Strategies for winning the mental game.

- Weekly performance monitoring and oneon-one feedback throughout the season using cutting edge tracking software.
- Strength and conditioning programs tailored to individual player needs to improve performance and avoid injury.
- Develop players coaching and leadership skills by requiring them to:
  - Become a Junior Coach; and/or
  - Participate in club or community activities that help others.

- Monthly check in and problem solving sessions with coaches and Team Leaders Squad teammates. At these check ins:
  - We'll celebrate successes and the challenges players have overcome.
  - Develop skills and capabilities critical enjoying the game & achieving success.
  - Be joined by expert guests to share their insights with our squad.

#### WHO CAN JOIN THE TEAM LEADERS SQUAD?



We'll have two player development streams for:

- Female players aged 14 to 19
- Male players aged 14 19

Player's will be invited to join the squad or apply to join.

The squad is open to players who are registered to play with YPCC.

Register your interest here.

#### HOW DO I GET INVOLVED?

The Team Leaders Cricket Squad is limited to a maximum of 20 players. Players will apply to join or be invited by our coaches.

Total cost to each participant is \$190.

(Support is available for players who are in financial hardship).

### YOUR COMMITMENT

- Players are expected to attend 90% of sessions and complete all tasks set by coaches and bring a great attitude with them.
- No reimbursement will be made to players who withdraw from the squad.



# **Mukund Sivakumar Ryan Wandel** Ollie Fortescue Ciara Metcalfe **Ron Rooney**